

Table 9B.4.1: Self-Reported Arthritis Conditions for Persons Age 18 and Over, by Age, United States 2012**SELF-REPORTED ARTHRITIS** [1]

	Total Persons (in 000s)				Rate Per 100 Persons [2]			
	18-44	45-64	65 & over	Total	18-44	45-64	65 & over	Total
Prevalence of Self-Reported Arthritis Conditions Among Adults Age 18 & Older, 2010-2012 [3]								
Doctor-Diagnosed Arthritis	8,100	24,600	20,600	52,500	7.3	30.3	49.7	21.4
Arthritis-Attributable Activity Limitations	3,000	10,800	8,800	22,700	2.7	13.4	22.0	9.2

LIMITATIONS [1]

	Limitations Due to Self-Reported Doctor-Diagnosed Arthritis (in 000s)					Rate Per 100 Population [2]				
	18-44	45-64	65-74	75 & over	Total	18-44	45-64	65-74	75 & over	Total
Limitations of Daily Living and Activity Attributed to Arthritis by Persons with Self-Reported Doctor-Diagnosed Arthritis [4]										
Any limitation	472.8	3,040.3	1,625.1	2,427.7	7,565.9	0.4	3.7	7.4	13.0	3.2
Need help with routine needs	148.8	858.9	446.9	1,130.6	2,585.2	0.1	1.1	2.0	6.1	1.1
Help with personal care	69.4	411.0	206.6	613.7	1,300.6	0.1	0.5	0.9	3.3	0.6
Difficulty walking without equipment	170.8	1,398.4	889.9	1,767.1	4,226.2	0.2	1.7	4.1	9.5	1.8
Unable to work NOW due to health	273.8	1,979.4	649.5	935.7	3,838.3	0.2	2.4	3.0	5.0	1.6
Limited in kind or amount of work	141.5	695.1	546.5	678.2	2,061.3	0.1	0.9	2.5	3.6	0.9

Proportion of Adults With Limitations Due to Self-Reported Doctor-Diagnosed Arthritis

	Proportion of Total Population				
Any limitation	7%	21%	28%	31%	19%
Need help with routine needs	9%	29%	31%	32%	27%
Help with personal care	10%	27%	27%	32%	24%
Difficulty walking without equipment	15%	31%	37%	36%	32%
Unable to work NOW due to health [4]	8%	23%	26%	34%	22%
Limited in kind or amount of work	7%	19%	28%	31%	21%

BED AND LOST WORK DAYS [1]

	Proportion of Population with Bed Days Due to Arthritis Condition					Proportion of Population with Bed Days Due to Arthritis Condition				
	18-44	45-64	65-74	75 & over	Total	18-44	45-64	65-74	75 & over	Total
Bed Days [5] Due to Arthritis Condition [3] for Persons Aged 18 and Over										
Persons Reporting Bed Days (in 000s)	4,485	11,704	3,522	2,691	22,402	4.0%	14.3%	16.1%	14.5%	9.5%
Mean Bed Days	23.7	23.8	22.2	28.1	24.0					
Total Bed Days (in millions)	106.3	278.6	78.2	75.6	537.6					
Lost Work Days [6] Due to Arthritis Conditions [3] for Persons Aged 18 and Over										
Persons Reporting Lost Work Days (in 000s)	3,364	7,651	862	159	12,036	3.0%	9.4%	3.9%	0.9%	5.1%
Mean Work Days Lost	12.7	14.6	17.0	16.6	14.3					
Total Work Days Lost (in millions)	42.7	111.7	14.7	2.6	172.1					

[1] **Source:** National Health Interview Survey (NHIS)_Adult sample, 2010-2012. www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm Accessed July 2, 2013.

[2] Age-adjusted by direct method to US Census adult population estimate using 2000 U.S. Census estimates for the years 2010-2011, and 2010 U.S. Census estimates for 2012. Describes the relative population burden when comparing groups.

[3] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[4] Responded "yes" when asked: Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

[5] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[6] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.