

**Table 1.8.5: Summary of Bed and Lost Work Days Due to Health Problems for Persons Age 18 and Over by Age, United States 2012**

Cause of Bed Days [1]	Bed Days [2]							Total (in millions)	% of Total [4]
	18-44	% for 0-44	45-64	% for 45-64	65 &	% for 65 &	Total (in millions)		
	Years	Yrs [4]	Years	Yrs [4]	Over	Over [4]			
Musculoskeletal Injury or Condition [5]	141.4	65%	261.8	74%	125.1	70%	528.3	70%	
Depression/Fatigue/Nervous Problems [6]	80.7	37%	128.8	36%	26.0	14%	235.5	31%	
Circulatory [7]	28.8	13%	86.1	24%	74.3	41%	189.7	25%	
Respiratory [8]	12.3	6%	58.1	16%	15.9	9%	86.4	11%	
Diabetes [9]	9.2	4%	40.7	11%	23.4	13%	73.3	10%	
Cancer/Tumors [10]	3.9	2%	18.1	5%	12.9	7%	34.9	5%	
Old Age/Senility [11]	0.1	0%	0.5	0%	27.4	15%	27.9	4%	
Developmental/Mental Disability [12]	9.2	4%	1.5	0%	0.1	0%	10.8	1%	
Other Major Health Conditions [13]	42.8	20%	77.8	22%	29.9	17%	150.5	20%	
All Causes	216.4	152%	355.5	189%	179.4	187%	751.8	178%	

  

Cause of Lost Work Days [1]	Lost Work Days [3]							Total (in millions)	% of Total [4]
	18-44	% for 0-44	45-64	% for 45-64	65 &	% for 65 &	Total (in millions)		
	Years	Yrs [4]	Years	Yrs [4]	Over	Over [4]			
Musculoskeletal Injury or Condition [5]	85.2	68%	121.5	73%	10.1	59%	216.5	70%	
Depression/Fatigue/Nervous Problems [6]	31.6	25%	23.0	14%	1.0	6%	55.6	18%	
Circulatory [7]	13.6	11%	17.3	10%	1.5	9%	32.3	10%	
Respiratory [8]	3.4	3%	11.7	7%	*	*	16.5	5%	
Diabetes [9]	0.6	0%	3.9	2%	*	*	4.8	2%	
Cancer/Tumors [10]	1.6	1%	5.6	3%	1.2	7%	8.4	3%	
Old Age/Senility [11]	0.0	0%	0.5	0%	0.5	3%	1.0	0%	
Developmental/Mental Disability [12]	2.0	2%	0.1	0%	*	*	2.1	1%	
Other Major Health Conditions [13]	14.6	12%	16.0	10%	2.9	17%	33.4	11%	
All Causes	126.1	121%	166.6	120%	17.1	103%	309.8	120%	

\* Does not meet standards for reliability.

[1] Respondents reported "Yes" when asked "Are you limited in any way in any activities because of physical, mental or emotional problems."

[2] A bed day is defined as 1/2 or more days in bed due to injury or illness in past 12 months, excluding hospitalization.

[3] A missed work day is defined as absence from work due to illness or injury in the past 12 months, excluding maternity or family leave.

[4] Total greater than 100% due to persons reporting more than one condition.

[5] Limitation caused by: "Fracture/bone/joint injury; Back/neck problem; Arthritis/Rheumatism; Amputated limb/finger/digit; or Musculoskeletal/connective tissue problem."

[6] Limitation caused by: "Depression, nervous system, fatigue."

[7] Limitation caused by: "Heart problem, stroke, hypertension, or circulation."

[8] Limitation caused by: "Respiratory problem."

[9] Limitation caused by: "Diabetes."

[10] Limitation caused by: "Cancer or benign tumor/cyst."

[11] Limitation caused by: "Old age, senility."

[12] Limitation caused by: "Developmental problem or other mental problem (ADD, Bipolar, Schizophrenia)."

[13] Limitation caused by: "Vision, hearing, metabolic, digestive, skin, blood, surgical affects, pregnancy, other cause."

Source: National Health Interview Survey (NHIS), Adult Sample. [www.cdc.gov/nchs/nhis/nhis\\_2012\\_data\\_release.htm](http://www.cdc.gov/nchs/nhis/nhis_2012_data_release.htm), July 2, 2013.