

Table 5E.1.4: Share of Average Yearly Injuries Resulting from Participation in Sports Activities and Severe Enough to be Treated in Emergency Departments, by Sport Activity and Injury Site, United States 2014-2016

	Proportion of Total Musculoskeletal Injuries [14]				Total Injuries (in 000s)
	Upper Extremity	Lower Extremity	Trunk	Head	
TEAM SPORTS [1]					
Baseball/Softball	38.2%	33.5%	8.1%	1.8%	136.8
Basketball	37.4%	50.1%	6.5%	6.0%	345.6
Football	52.0%	33.2%	11.3%	3.5%	267.7
Hockey (Field/Ice/Roller)	49.0%	29.4%	14.6%	7.0%	30.3
Soccer	33.7%	52.4%	8.5%	5.4%	157.3
Volleyball	40.3%	49.1%	7.4%	3.2%	40.9
Total Team Sports	41.4%	42.9%	8.6%	4.6%	978.6
INDIVIDUAL SPORTS					
All Terrain Vehicles/Motorized Bikes [2]	41.0%	28.8%	22.9%	6.8%	141.5
Ball Sports [3]	44.8%	37.7%	10.2%	7.3%	53.3
Bicycle/Wheeled [4]	46.9%	26.7%	16.6%	9.3%	312.8
Contact Sports [5]	51.0%	27.0%	15.2%	6.7%	57.6
Fitness Training [6]	25.0%	44.1%	28.3%	2.5%	256.6
Gymnastics/Cheerleading/Dancing [7]	33.9%	47.3%	14.8%	4.0%	88.5
Mountain Climbing	33.1%	52.1%	*	*	3.3
Playground Equipment [8]	61.8%	19.9%	10.5%	7.8%	146.9
Skating [9]	55.7%	32.3%	8.2%	3.6%	145.6
Snow Sports [10]	48.6%	28.7%	18.7%	3.9%	45.1
Track and Field [11]	18.0%	61.6%	17.1%	3.2%	17.8
Water Sports [12]	29.0%	36.7%	24.4%	9.8%	71.5
Other Activities [13]	33.9%	41.0%	18.7%	6.3%	230.7
Total Individual Sports	41.3%	34.2%	18.0%	6.2%	1,571.2
Total Team and Individual Sports	41.3%	37.5%	14.4%	5.6%	2,549.8

* Does not meet standards for reliability.

[1] Includes both organized and informal team sports.

[2] Includes snowmobiles, ATVs, dune buggies, mopeds, and other power-assisted bikes, carts, scooters, and boats.

[3] Includes table tennis, tetherball, handball, badminton, squash, tennis, and other sports played with a small ball.

[4] Includes bicycles, tricycles, scooters, and unpowered wheel riding toys.

[5] Includes boxing, wrestling, and martial arts.

[6] Includes exercise with and without equipment and weightlifting.

[7] Includes organized and informal gymnastics, cheerleading, and dancing.

[8] Includes slides, see-saws, monkey bars and climbing apparatus, swings, pogo sticks, and other playground equipment.

[9] Includes roller and ice skating, in-line skates, and skateboards.

[10] Includes sleds, toboggans, snow disks, snow tubing, snow skiing, and snowboarding.

[11] Includes all track and field activities.

[12] Includes wading and swimming pools, diving, water slides, tubing, water skiing, surfing, water polo, and all activities performed in the act of swimming or on flotation devices.

[13] Includes all other athletic or play activities, including amusement attractions, archery, bowling, fencing, fishing, air guns, golfing, horseback riding, horseshoes, skeet shooting, trampolines, and tree or play houses.

[14] Includes amputations, contusions, crushing injuries, dislocations, fractures, and sprains and strains.

Source: United States Consumer Product Safety Commission. National Electronic Injury Surveillance System, 2014, 2015, 2016. <https://www.cpsc.gov/Research--Statistics> Accessed November 15,2017.