

Table 1.3.4: Most Frequently Reported Medical Conditions and Prevalence for Persons Age 18 and Over, with Subconditions, by Geographic Region, United States 2015

| Medical Condition | Total Persons With Condition Aged 18 & Over (in Millions) | | | | | Prevalence Per 100 Persons in Regional Group | | | | |
|---|--|----------------|--------------|-------------|--------------|---|----------------|--------------|-------------|--------------|
| | Northeast | Midwest | South | West | Total | Northeast | Midwest | South | West | Total |
| Musculoskeletal [1, 2] | 21.803 | 29.115 | 45.037 | 28.178 | 124.132 | 48.8 | 54.9 | 48.8 | 48.8 | 50.1 |
| Chronic [2] Joint Pain | 12.233 | 17.447 | 26.761 | 16.091 | 72.532 | 27.4 | 32.9 | 29.0 | 27.9 | 29.3 |
| Lower Back Pain (Lumbar Back Pain) | 12.793 | 16.044 | 26.600 | 16.831 | 72.268 | 28.7 | 30.3 | 28.8 | 29.1 | 29.2 |
| Arthritis | 10.400 | 13.670 | 20.277 | 11.039 | 55.386 | 23.3 | 25.8 | 22.0 | 19.1 | 22.4 |
| Neck Pain (Cervical Back Pain) | 6.913 | 8.364 | 13.794 | 9.898 | 38.968 | 15.5 | 15.8 | 14.9 | 17.1 | 15.7 |
| Lower Back Pain Spreading Below Knee | 4.690 | 5.712 | 10.412 | 5.969 | 26.784 | 10.5 | 10.8 | 11.3 | 10.3 | 10.8 |
| Carpal Tunnel Syndrome | 1.486 | 1.917 | 3.129 | 1.726 | 8.268 | 3.3 | 3.6 | 3.4 | 3.0 | 3.3 |
| Circulatory | 18.559 | 23.695 | 39.877 | 21.787 | 103.918 | 41.6 | 44.7 | 43.2 | 37.7 | 41.9 |
| Chronic Hypertension [2] | 13.073 | 17.583 | 28.910 | 14.520 | 74.085 | 29.3 | 33.2 | 31.3 | 25.1 | 29.9 |
| Chronic High Cholesterol [2] | 11.821 | 14.951 | 25.510 | 14.149 | 66.432 | 26.5 | 28.2 | 27.6 | 24.5 | 26.8 |
| Coronary or Heart Condition [3] | 4.977 | 7.696 | 10.414 | 5.319 | 28.406 | 11.2 | 14.5 | 11.3 | 9.2 | 11.5 |
| Stroke | 0.904 | 1.700 | 2.614 | 1.302 | 6.520 | 2.0 | 3.2 | 2.8 | 2.3 | 2.6 |
| Respiratory | 9.059 | 13.293 | 23.655 | 12.515 | 58.521 | 20.3 | 25.1 | 25.6 | 21.7 | 23.6 |
| Sinusitis | 4.082 | 6.477 | 14.077 | 4.731 | 29.367 | 9.1 | 12.2 | 15.2 | 8.2 | 11.9 |
| Hay Fever | 3.194 | 4.101 | 6.999 | 5.681 | 19.976 | 7.2 | 7.7 | 7.6 | 9.8 | 8.1 |
| Chronic [2] Asthma | 3.147 | 4.417 | 6.447 | 4.433 | 18.445 | 7.1 | 8.3 | 7.0 | 7.7 | 7.4 |
| Chronic [2] Bronchitis | 1.364 | 2.368 | 4.060 | 1.483 | 9.274 | 3.1 | 4.5 | 4.4 | 2.6 | 3.7 |
| Chronic Obstructive Pulmonary Disease (COF) | 1.047 | 2.073 | 3.116 | 1.320 | 7.556 | 2.3 | 3.9 | 3.4 | 2.3 | 3.0 |
| Emphysema | 0.536 | 0.974 | 1.484 | 0.521 | 3.515 | 1.2 | 1.8 | 1.6 | 0.9 | 1.4 |

[1] Specific conditions are not mutually exclusive in overall condition category.

[2] Symptoms lasting 3 months or longer.

[3] Includes heart attack, angina pectoris, and other heart disease.

Source: National Health Interview Survey (NHIS)_Adult sample, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.