

**Table 3A.3.2.1.4: Number of Physician's Office Visits and Population Rate for Arthritis and Other Rheumatic Condition (AORC) Diagnoses Among Adults Age 18 & Older, by Geographic Region, United States, 2013**

	Physician's Office Visits				
	Geographic Region				
	Total	Northeast	Midwest	South	West
Osteoarthritis and allied disorders (in 1,000s)	17,002.3	3,276.1	3,557.4	6,042.4	4,126.4
Distribution by geographic region (%)		19.3%	20.9%	35.5%	24.3%
Rate per 100 persons [1]	6.9	7.3	6.8	6.6	7.1
Rheumatoid arthritis (in 1,000s)	4,989.7	1,298.0	833.7	1,908.9	949.1
Distribution by geographic region (%)		26.0%	16.7%	38.3%	19.0%
Rate per 100 persons [1]	2.0	2.9	1.6	2.1	1.6
Gout and other crystal arthropathies (in 1,000s)	3,881.7	1,077.6	599.0	1,114.3	1,090.7
Distribution by geographic region (%)		27.8%	15.4%	28.7%	28.1%
Rate per 100 persons [1]	1.6	2.4	1.1	1.2	1.9
Joint pain/effusion/other unspecified joint disorders (in 1,000s)	30,374.2	6,562.8	6,077.7	10,220.2	7,513.6
Distribution by geographic region (%)		21.6%	20.0%	33.6%	24.7%
Rate per 100 persons [1]	12.3	14.7	11.6	11.1	12.9
Spondyloarthropathies (in 1,000s)	6,235.5	1,368.4	1,347.1	3,001.1	518.8
Distribution by geographic region (%)		21.9%	21.6%	48.1%	8.3%
Rate per 100 persons [1]	2.5	3.1	2.6	3.3	0.9
Fibromyalgia (in 1,000s)	5,945.9	1,328.6	1,113.0	1,833.4	1,670.9
Distribution by geographic region (%)		22.3%	18.7%	30.8%	28.1%
Rate per 100 persons [1]	2.4	3.0	2.1	2.0	2.9
Diffuse connective tissue disease (Sjögren's syndrome, SSC, SLE) (in 1,000s)	2,781.3	696.8	400.9	965.5	718.1
Distribution by geographic region (%)		25.1%	14.4%	34.7%	25.8%
Rate per 100 persons [1]	1.1	1.6	0.8	1.1	1.2
Carpal tunnel syndrome (in 1,000s)	2,641.3	*	536.8	870.1	605.4
Distribution by geographic region (%)		NA	20.3%	32.9%	22.9%
Rate per 100 persons [1]	1.1	NA	1.0	0.9	1.0
Soft tissue disorders (excluding back) (in 1,000s)	17,092.1	3,576.6	3,126.9	5,290.8	5,097.8
Distribution by geographic region (%)		20.9%	18.3%	31.0%	29.8%
Rate per 100 persons [1]	6.9	8.0	6.0	5.8	8.7
Other specified rheumatic conditions (in 1,000s)	1,706.5	*	297.7	*	*
Distribution by geographic region (%)		NA	17.4%	NA	NA
Rate per 100 persons	0.7	NA	0.6	NA	NA
<b>Total AORC Diagnoses (in 1,000s)</b>	<b>81,033.7</b>	<b>17,880.6</b>	<b>15,629.0</b>	<b>27,832.7</b>	<b>19,691.5</b>
Distribution by geographic region (%)		22.1%	19.3%	34.3%	24.3%
Rate per 100 persons [1]	32.7	40.0	29.8	30.3	33.8
<b>All Physician's Office Visits</b>	<b>771,560.0</b>	<b>168,005.6</b>	<b>149,274.3</b>	<b>277,348.7</b>	<b>176,931.4</b>
Distribution by geographic region (%)		21.8%	19.3%	35.9%	22.9%
Rate per 100 persons [1]	311.4	376.0	284.4	301.8	303.3

\* Does not meet standards of reliability

[1] Source: United States Census Bureau, Population Division. State Characteristics Datasets: Annual State Resident Population Estimates for 5 Race Groups (5 Race Alone or in Combination Groups) by Age, Sex, and Hispanic Origin: April 1, 2010 to July 1, 2015 <https://www.census.gov/popest/data/state/asrh/2015/SC-EST2015-ALLDATA5.html> September 20, 2016.

Source: National Ambulatory Medical Care Survey (NAMCS), 2013. [www.cdc.gov/nchs/ahcd/ahcd\\_questionnaires.htm](http://www.cdc.gov/nchs/ahcd/ahcd_questionnaires.htm) April 23, 2013.