

Table 3A.4.2.2: Limitations in Activities of Daily Living (ADL) Due to Self-Reported Doctor-Diagnosed Arthritis and Arthritis-Attributed Activity Limitations Among Adults Age 18 and Older, by Age, United States 2013-2015

| | Adults Reporting Limitation Due to Self-Reported Doctor-Diagnosed Arthritis [1] | | | | | | | |
|--|---|-----------------------------------|----------------------|-----------------------------------|--------------------------|-----------------------------------|----------------------|-----------------------------------|
| | 18-44 (in 1,000s) | Rate Per 100 Population [2] | 45-64 (in 1,000s) | Rate Per 100 Population [2] | 65 & Over (in 1,000s) | Rate Per 100 Population [2] | Total (in 1,000s) | Rate Per 100 Population [2] |
| Any ADL | 534.6 | 0.5 | 3,030.4 | 3.6 | 4,473.6 | 10.0 | 8,038.6 | 3.2 |
| <u>MusculoskeletalRelated ADL (below)</u> | 278.3 | 0.2 | 1,660.5 | 2.0 | 3,321.9 | 7.4 | 5,260.8 | 2.1 |
| Need help with routine needs | 185.9 | 0.2 | 837.2 | 1.0 | 1,795.7 | 4.0 | 2,818.8 | 1.1 |
| Help with personal care | 77.4 | 0.1 | 416.6 | 0.5 | 1,001.8 | 2.2 | 1,495.8 | 0.6 |
| Difficulty walking without equipment | 192.1 | 0.2 | 1,387.0 | 1.7 | 2,958.7 | 6.6 | 4,537.8 | 1.8 |
| <u>Work Limitation (below)</u> | 480.2 | 0.4 | 2,678.4 | 3.2 | 3,202.3 | 7.2 | 6,360.9 | 2.6 |
| Unable to work NOW due to health [4] | 347.3 | 0.3 | 2,048.2 | 2.5 | 1,831.2 | 4.1 | 4,226.7 | 1.7 |
| Limited in kind or amount of work | 132.9 | 0.1 | 630.3 | 0.8 | 1,371.1 | 3.1 | 2,134.3 | 0.9 |
| Adults Reporting Limitation Due to Any Medical Condition (4) | | | | | | | | |
| | 18-44 (in 1,000s) | Rate Per 100 Population [2] | 45-64 (in 1,000s) | Rate Per 100 Population [2] | 65 & Over (in 1,000s) | Rate Per 100 Population [2] | Total (in 1,000s) | Rate Per 100 Population [2] |
| Any ADL | 6,869.6 | 6.0 | 13,959.1 | 16.8 | 14,756.2 | 33.0 | 35,585.0 | 14.4 |
| <u>MusculoskeletalRelated ADL (below)</u> | 2,423.3 | 2.1 | 6,106.2 | 7.3 | 9,688.9 | 21.7 | 18,218.4 | 7.4 |
| Need help with routine needs | 1,652.1 | 1.4 | 3,172.2 | 3.8 | 5,311.0 | 11.9 | 10,135.3 | 4.1 |
| Help with personal care | 863.4 | 0.8 | 1,580.0 | 1.9 | 3,086.3 | 6.9 | 5,529.8 | 2.2 |
| Difficulty walking without equipment | 1,254.3 | 1.1 | 4,637.9 | 5.6 | 8,030.2 | 18.0 | 13,922.5 | 5.6 |
| <u>Work Limitation (below)</u> | 5,774.9 | 5.0 | 12,210.6 | 14.7 | 10,093.6 | 22.6 | 28,079.1 | 11.3 |
| Unable to work NOW due to health [4] | 3,765.6 | 3.3 | 8,917.6 | 10.7 | 5,752.1 | 12.9 | 18,435.3 | 7.4 |
| Limited in kind or amount of work | 2,009.3 | 1.8 | 3,292.9 | 4.0 | 4,341.6 | 9.7 | 9,643.8 | 3.9 |
| Proportion of Adults With Any Limitation Whose Limitations Are Due to Self-Reported Doctor-Diagnosed Arthritis | | | | | | | | |
| | 18-44 | 45-64 | 65 & Over | Total | | | | |
| Any ADL | 8% | 22% | 30% | 23% | | | | |
| <u>MusculoskeletalRelated ADL (below)</u> | 11% | 27% | 34% | 29% | | | | |
| Need help with routine needs | 11% | 26% | 34% | 28% | | | | |
| Help with personal care | 9% | 26% | 32% | 27% | | | | |
| Difficulty walking without equipment | 15% | 30% | 37% | 33% | | | | |
| <u>Work Limitation (below)</u> | 8% | 22% | 32% | 23% | | | | |
| Unable to work NOW due to health [4] | 9% | 23% | 32% | 23% | | | | |
| Limited in kind or amount of work | 7% | 19% | 32% | 22% | | | | |

[1] Responded "yes" when asked: Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

[2] Based on U.S. Census of Population estimate for July 1, 2013 for demographic group.

[3] Adjusted to working age population aged 18 and older.

Source: National Health Interview Survey (NHIS)_Adult sample, 2013, 2014, 2015. <http://www.cdc.gov/nchs/nhis/data-questionnaires-documentation.htm> July 23, 2016.